



## DSPL9



## Parent/carer monthly Emotional Based School Avoidance (EBSA) Support Groups

## Does your child's school avoidance affect you as a parent?

## Would you like a safe space to share your experiences with others?

DSPL 9 will be holding monthly sessions for parents with children experiencing EBSA to share their experiences and seek support from a range of professionals attending each of the sessions.

Date	Time	Eventbrite Link
November	Monday 20 <sup>th</sup> November 2023 1-2.30pm	https://www.eventbrite.co.uk/e/718373072197?aff=oddtdtcreator
December	Monday 11 <sup>th</sup> December 2023 1-2.30pm	https://www.eventbrite.co.uk/e/718374887627?aff=oddtdtcreator
January	Monday 29 <sup>th</sup> January 2024 1-2.30pm	https://www.eventbrite.co.uk/e/718387605667?aff=oddtdtcreator
March	Monday 11 <sup>th</sup> March 2024 1-2.30pm	https://www.eventbrite.co.uk/e/718389411067?aff=oddtdtcreator
April	Monday 22 <sup>nd</sup> April 2024 1-2.30pm	https://www.eventbrite.co.uk/e/718390724997?aff=oddtdtcreator
May	Monday 13 <sup>th</sup> May 2024 1-2.30pm	https://www.eventbrite.co.uk/e/718391066017?aff=oddtdtcreator
June	Monday 17 <sup>th</sup> June 2024 1-2.30pm	https://www.eventbrite.co.uk/e/718391707937?aff=oddtdtcreator

All sessions will be held remotely via Microsoft Teams. Once you have booked you via Eventbrite you will be sent the MT link.

Each meeting will be attended by two Family Support Workers and two Nessie therapists as well as the DSPL 9 Manager and SEND Lead.

Each session will start with all parents in one group, followed by the use of breakout rooms to enable age specific conversations and discussions to take place. The session will then end with all parents coming together.

Please share this information with parents who would benefit from accessing this support group.