

P.E. Curriculum overview 2023-24

	Year 3		Year 4		Year 5		Year 6	
Autumn 1	Teacher Led Dance	Elms Led Games (See Autumn Rota)	Teacher Led Gymnastics	Elms Led Games (See Autumn Rota)	Teacher Led Dance	Elms Led Games (See Autumn Rota)	Teacher Led Gymnastics	Elms Led Games (See Autumn Rota)
Autumn 2	Teacher Led Gymnastics	Elms Led Games (See Autumn Rota)	Teacher Led Dance	Elms Led Games (See Autumn Rota)	Teacher Led Gymnastics	Elms Led Games (See Autumn Rota)	Teacher Led Dance	Elms Led Games (See Autumn Rota)
Spring 1	Teacher Led Dance	Elms Led Games (See Spring Rota)	Teacher Led Gymnastics	Elms Led Games (See Spring Rota)	Teacher Led Dance	Elms Led Games (See Spring Rota)	Teacher Led Gymnastics	Elms Led Games (See Spring Rota)
Spring 2	Teacher Led Gymnastics	Elms Led Games (See Spring Rota)	Teacher Led Dance	Elms Led Games (See Spring Rota)	Teacher Led Gymnastics	Elms Led Games (See Spring Rota)	Teacher Led Dance	Elms Led Games (See Spring Rota)
Summer 1	Teacher Led Athletics	Elms Led Games (See Summer Rota)	Teacher Led Athletics	Elms Led Games (See Summer Rota)	Teacher Led Athletics	Elms Led Games (See Summer Rota)	Teacher Led Athletics	Elms Led Games (See Summer Rota)
Summer 2	Teacher Led Athletics (including Sports Day practise) Outdoor and Adventurous Activities - Orienteering	Elms Led Games (See Summer Rota) Including Games Day and Sports Day	Teacher Led Athletics (including Sports Day practise) Outdoor and Adventurous Activities - Orienteering	Elms Led Games (See Summer Rota) Including Games Day and Sports Day	Teacher Led Athletics (including Sports Day practise) Outdoor and Adventurous Activities - Orienteering	Elms Led Games (See Summer Rota) Including Games Day and Sports Day	Teacher Led Athletics (including Sports Day practise) Outdoor and Adventurous Activities - Orienteering	Elms Led Games (See Summer Rota) Including Games Day and Sports Day.

Each of the following Games Rotas is based over a two year period. There are primary sports and secondary sports that are taught in each term. The outcome of this is that children will learn a sport twice over their time at Ashfield. They will learn the sport once in Year 3/4 and once in Year 5/6. This will allow them to build upon the skills they have previously learnt. Children will also take part in intra-school tournaments in these sports to allow them to use

the skills they have learnt competitively. Once the children have learnt the primary sport and competed in a tournament then teaching will switch to a secondary sport to allow children to gain experience in a wide range of sports. For the secondary sports there is a main sport, supported by other choices in the event of rain or other factors that necessitate a change.

Autumn Games Rota

	Primary Sport to be Taught	Secondary Sports to be Taught (Main Sport on the left, other options on the right)	
Even Years	Basketball	Badminton	Dodgeball, Table Tennis, Speed Stacking.
Odd Years	Tag Rugby	Field Hockey (including quicksticks)	

Spring Games Rota

	Primary Sport to be Taught	Secondary Sports to be Taught (Main Sport on the left, other options on the right)	
Even Years	Volleyball	Rapid Fire Cricket	Table Tennis, Dodgeball, Speed Stacking.
Odd Years	'Ice' Hockey (with a puck)	Netball	

Summer Games Rota

	Primary Sport to be Taught	Secondary Sports to be Taught (Main Sport on the left, other options on the right)	
Even Years	Rounders	Handball	Dodgeball, Tri-Golf, Table Tennis, Speed Stacking.
Odd Years	Dynamo Cricket	Tennis	

Other information.

Ashfield also runs the following extra-curricular clubs, either during or after the school day:

Boxing, SEND/PPG sports sessions, Football Y6 boys and girls and an after school sessions for girls and boys from Year 3-6, Cricket, Tag Rugby, Netball, Tennis and Sports Leaders.

On days where a class is not timetabled to have an hour long PE slot, the class teacher will timetable a 10 minute PE slot where the class may participate in activities such as the daily mile or skipping bringing the total time allotted to PE to 2.5 hours a week.